

## **Bulletin 2- Western Canadian Orienteering Championships-**

**June 10, 2022**

Greetings to all WCOC competitors. We are less than 4 weeks away to the start of the “long-delayed” WCOC 2022 and the kick-off of the Canadian Rockies Orienteering Festival. We are so excited that so many orienteers from near and far have decided to sign up and take part in our events. In fact, on the last day of the regular registration period, we reached our participant quota for our middle and long races on the Lusk Creek map in Kananaskis Provincial Park. Given the uncertainty of Covid we did not think we would reach the imposed competitor limit, but we did, well in advance of our registration window closing! We are sorry if some competitors did not get the opportunity to sign up for the WCOC events, but please let friends/family know that there is plenty of opportunity to run in great terrain in the Crowsnest Pass in our Barebones Events and in Kimberley/Cranbrook for the COC events. Visit the CROF Website at:

<https://crof2022.ca/>

Course Planners and Organizers are continuing to put all of the pieces of the puzzle together and we want to keep you up to date with what is happening. This Bulletin will be more about event locations, parking, and the logistics of getting to each of the events for the WCOC’s. Final course details will be presented in Bulletin #3 the week before the start of the event.

The logistics of this version of the WCOC’s have become far more challenging since the Pandemic hit and we are very fortunate to have received a permit and to have the opportunity to put on this event on the same maps that were to be used in the 2020 version of the WCOC’s. Please understand that many of the logistical headaches have been created due to the heavy impact on Kananaskis Country since the start of the Pandemic and we have done our best to organize this event within the stringent rules and regulations that have been imposed on us.

**You need to read the Event Information closely (particularly for the middle event) as the logistics are somewhat complicated and different for each event.**

Please contact Bogi Gyorfı (Event Registrar) at [info@orienteeringalberta.ca](mailto:info@orienteeringalberta.ca) or Karen Martino (Event Director) at [kmartino@telus.net](mailto:kmartino@telus.net) if you have any questions.

See you all soon!

Karen Martino, Event Director WCOC 2022

**On-line Registration:** Registration has been closed for the WCOC middle and long events due to Alberta Parks Permit restrictions. There are still a few spaces available for the WCOC sprint event in Bragg Creek, Alberta. Use the following link to register on-line for the other CROF events: <https://2mev.com/#!/series/2022-canadian-rockies-orienteering-festival>

**Race Package Pick-up:** Race packages can be picked up starting Thursday June 30 from **3:30-8:00 pm**. Package pick-up will be held at the North Haven Community Association in Calgary; 5003 North Haven Dr. NW.

<https://www.google.com/maps/place/North+Haven+Community+Association/@51.0988607,-114.0873187,16.5z/data=!4m5!3m4!1s0x0:0x50d4c5d4da91da26!8m2!3d51.0991554!4d-114.0866545>

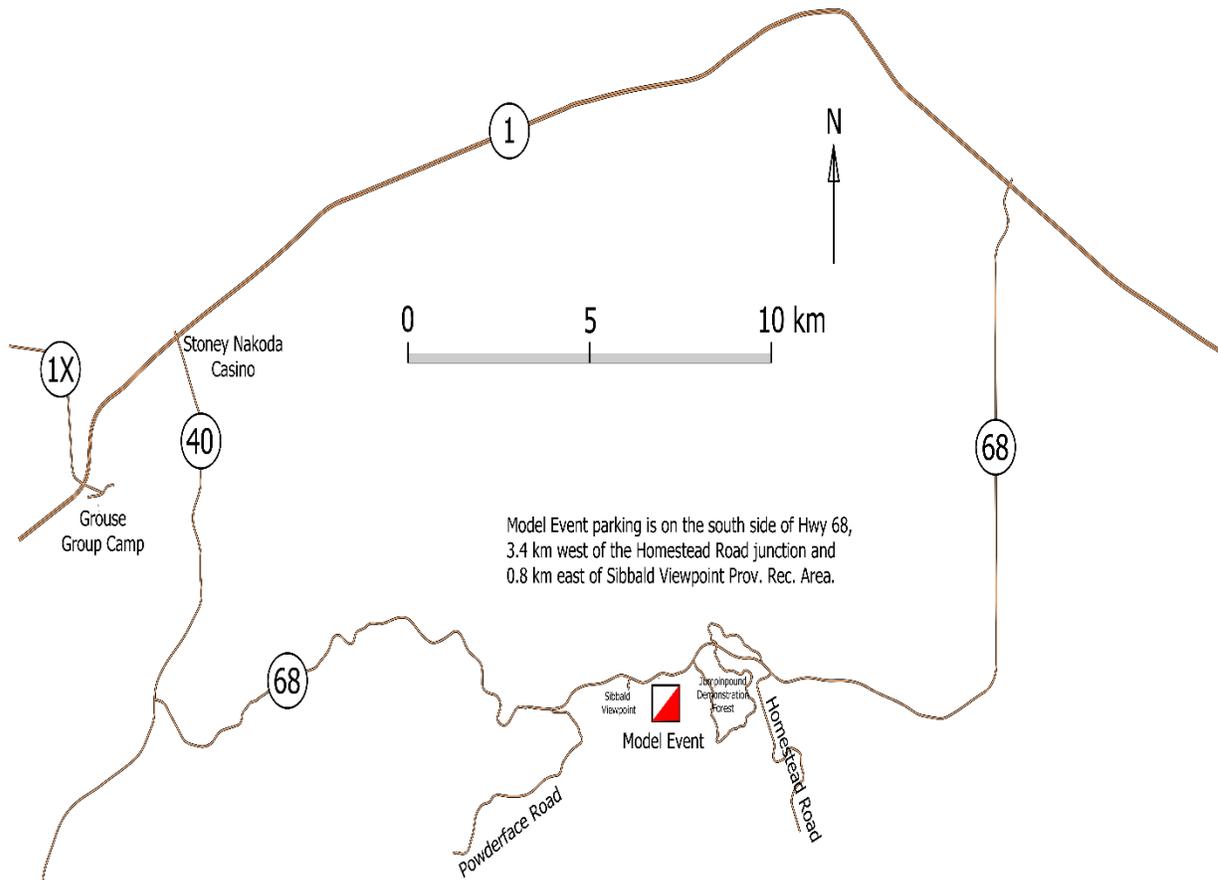
For those who cannot attend the Thursday Package Pick-up, there will be a Package Pick-up table set up at each of the individual events. Please ensure that you get to the event site in plenty of time before your start time. The Package Pick-up area at the WCOC Sprint will be set up on the Banded Peak School Grounds and will be open from **2:30-4:30 pm**. Look for the "information" banner! The "day of" package pick-up for the middle event will be at the Stoney Nakoda Parking area where you board the buses to get to the start. Package Pick-up will be open from **9:00-11:00am** only, so that you can get your package before you load onto the bus to head to the race start. \*You need your race bib in order to run any races so please ensure you get to one of the package pick-up opportunities well in advance of your start time for your first race.

**Model Map for WCOC's:** There will be a model map with terrain representative of both the Banded Peak and the Lusk Creek Map. The model map would have been purchased with your registration. You can visit the model map on Thursday June 30 and the morning of Friday July 1, 2022 before the sprint event. If you plan to visit the model map on Thursday before Race Package Pick-up, you can contact Bogi our registration coordinator, [info@orienteeringalberta.ca](mailto:info@orienteeringalberta.ca), and she can verify that you have paid for the map and will send an electronic copy to you to print on your own. **Note: You will need to have a Kananaskis Conservation Pass to park a vehicle at the Model Event (anywhere in Kananaskis).** We suggest you carpool, if possible, to reduce the number of vehicles and then only one pass is needed as it is per vehicle and is registered with the license plate of the car so is non-transferrable. You can buy a Conservation Day Pass on-line here: <https://www.alberta.ca/kananaskis-conservation-pass.aspx>.

It is about a 45 min. drive from the Model Map to Bragg Creek, the site of the Sprint event on Friday. It is about a 50 min. drive from either Calgary to the east, or Canmore to the west to get to the Model Map. **\*Note:** There will be no officials on the Model Map at any time so you are going AT YOUR OWN RISK. Try to carpool or meet up with others for your own safety. There

will be one sample control with SI unit showing what the control set up will be like at the WCOC events and the rest will just have flags, no SI units.

**Model Map Location:**



**Group Camping for the WCOC's:** We have booked the Grouse Group Campground which is located a 6.5 km (10 min) drive west of the Stoney Nakoda Resort and Casino which is the parking area for both the middle- and long-distance events. You can book for **Friday and Saturday** evening at this campground as we have the entire site. There are pit toilets and an enclosed eating area and many nice open tent sites or sites for your camper/van. Refer to the

Group Camping information at the bottom of the accommodations page for the WCOC's: <https://crof2022.ca/accommodation-2/> or contact Bogi Gyorfi at [info@orienteeringalberta.ca](mailto:info@orienteeringalberta.ca).

**EVENT INFORMATION:** The Sprint event on Friday July 1 will be held in Bragg Creek Alberta which is about a 45 min. drive west of Calgary taking the Trans-Canada Hwy AB-1 West to AB Hwy 22. The Middle and Long events will take place in Kananaskis Country which is about a 1-hour drive west of Calgary taking the Trans-Canada Hwy AB-1 West to AB Hwy 40. Give yourself plenty of time to travel as it is a long weekend.

**\*NOTE:** We have just found out that there is construction that has just started on Hwy 22 on the way to the Sprint event. There will be traffic delays so give yourself at least 20 min. of extra time!

**\*\*NOTE: Refer to Bulletin #1 for preliminary course information. Final Course information will be published in Bulletin #3 which will be sent out 1 week before the event start date.**

Now that registration has closed for the middle and long events, we will start working on start times. We hope that you have contacted us if you need an early or late start time. If you haven't and you need to request a certain start time please contact Event Director Karen Martino asap, [kmartino@telus.net](mailto:kmartino@telus.net)

Please be aware that Kananaskis Country, the site of the Middle and Long events is black bear and grizzly bear territory. We **highly recommend** that you carry bear spray with you on your courses! Bear Spray can be purchased at many sporting/outdoor stores in and around Calgary.

We are asking that people please bring water for the day and carry (for the longer events) their own water for the events of the CROF. We will have water on courses as mandated by current Orienteering Canada Rules but would like competitors to start thinking about water waste and perhaps start a new culture of water use at our events.

We do not have a permit to sell food on-site at any of our events so it would be wise to bring sandwiches/snacks for you and your family. There will be some post-race snacks available **for competitors** and a simple BBQ for competitors on Saturday after the middle event. With busing to and from the venue on Saturday and Sunday, you will need to have food and water with you as it will be a long day with no access to amenities.

**Buses for the middle and long events of the WCOC's are reserved for competitors only!** If you are travelling with family or friends that are not competing, they will not be allowed on the competitor buses. We have a limited number of "Pre-Assigned" Parking spots available at the

Stoney Creek Group Campground. Competitors should be dropped off at the Stoney Nakoda Resort and Casino in time to board their assigned bus and then non-competitors can drive their vehicle to the Stoney Creek Group Campground on Hwy 68 and park there. It is a 10 min drive from the bus loading area to the Stoney Group Camp and it is a 5 min walk from here to the Finish/Arena area. **NOTE: Any Cars Parking in the Stoney Creek Group Camp will need a Kananaskis Conservation Pass.** DO NOT THINK THAT YOU CAN PARK IN THIS CAMPGROUND WITHOUT A PASS. ALBERTA PARKS WILL CHECK AND YOU WILL BE FINED! You can buy a Conservation Day Pass on-line here: <https://www.alberta.ca/kananaskis-conservation-pass.aspx>.

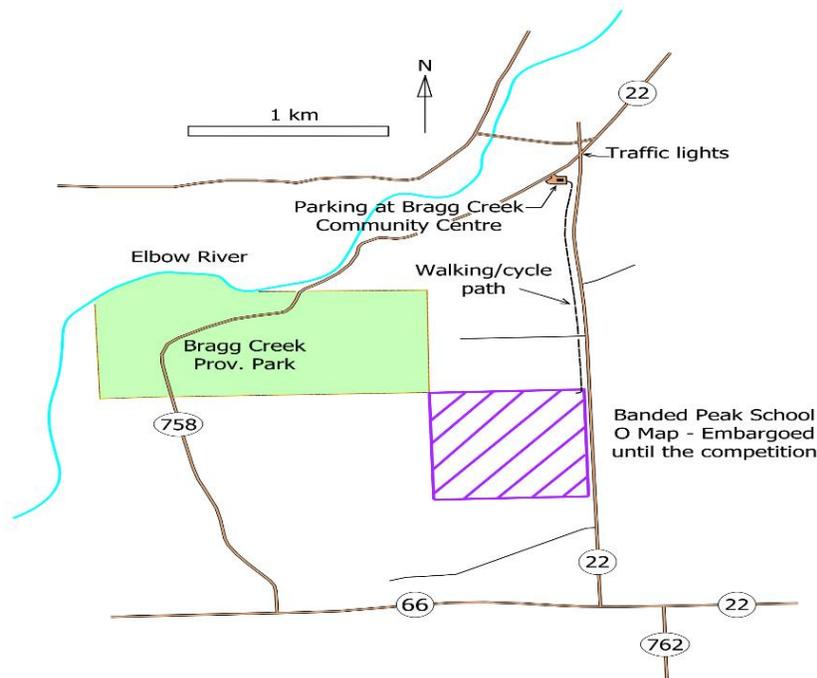
\*Please contact either Bogi: [info@orienteingalberta.ca](mailto:info@orienteingalberta.ca) or Karen Martino: [kmartino@telus.net](mailto:kmartino@telus.net) if you have parking questions or if you will be needing the "Pre-Assigned Parking" on either July 2 or 3. We will then send you the specific information.

**Event #1-Banded Peak Forest Sprint, Bragg Creek, Alberta-Friday July 1, 2022. 4:00-6:00 pm**

Course Planner – Don Bayly (FWOC)      Course Controller – Don Riddle (EOOC)

Maximum Time on Course- 1 hour

**Map to Bragg Creek Community Centre Parking and Banded Peak School Site:**



Parking and Arena – Parking will be at the nearby Bragg Creek Community Association with parking starting at 2 pm (Not before! You will not be allowed into the parking lot before 2 pm as we do not have access to it until that time! Remember it is July 1 and traffic will be busy in Bragg Creek) There is a 1.8 km “warm up” walk or bike ride from the parking lot to the Banded Peak School grounds which is the start and finish area of the forest sprint. The estimated walk time is about 25 min. The Start call-up line is at the west side of the school yard.

***\*We will have a limited number of parking stalls at the Banded Peak School that we are reserving for competitors in the 75+ age categories and for families with young children (10 and under!)*** Based on registration numbers, we should be able to accommodate everyone in these age brackets, but carpooling is recommended. It will be on a “first come” basis.

Parking on the Banded Peak School site will start at 2:30 pm. There will be parking attendants at both parking locations. **\*Note:** We anticipate traffic on Hwy 22 to be very heavy on the day of our event and it is highly unlikely that you will be able to pull out from the Banded Peak School and turn left, crossing traffic to head back to the Bragg Creek Parking Lot. We do not recommend that you try to drive to the school to drop gear off as you may not be able to get back to the main parking lot in Bragg Creek!

Warm-up Area-No warm-up map is available for this event. Warm-up on the walking path on the way to the event site or on the Banded Peak School grounds if you still want more!

Porta Potties/Toilets- Porta Potties will be on site for competitor use before and after the event. They will be set up in the parking lot area of the school grounds. Please use the outhouses provided.

Clothing drop- The start and finish of this race are within 100 m so no clothing drop will be provided.

**Event #2-Lusk Creek Middle Distance, Kananaskis Country, Alberta-Saturday July 2, 2022.**

Race Start: 11:00 am

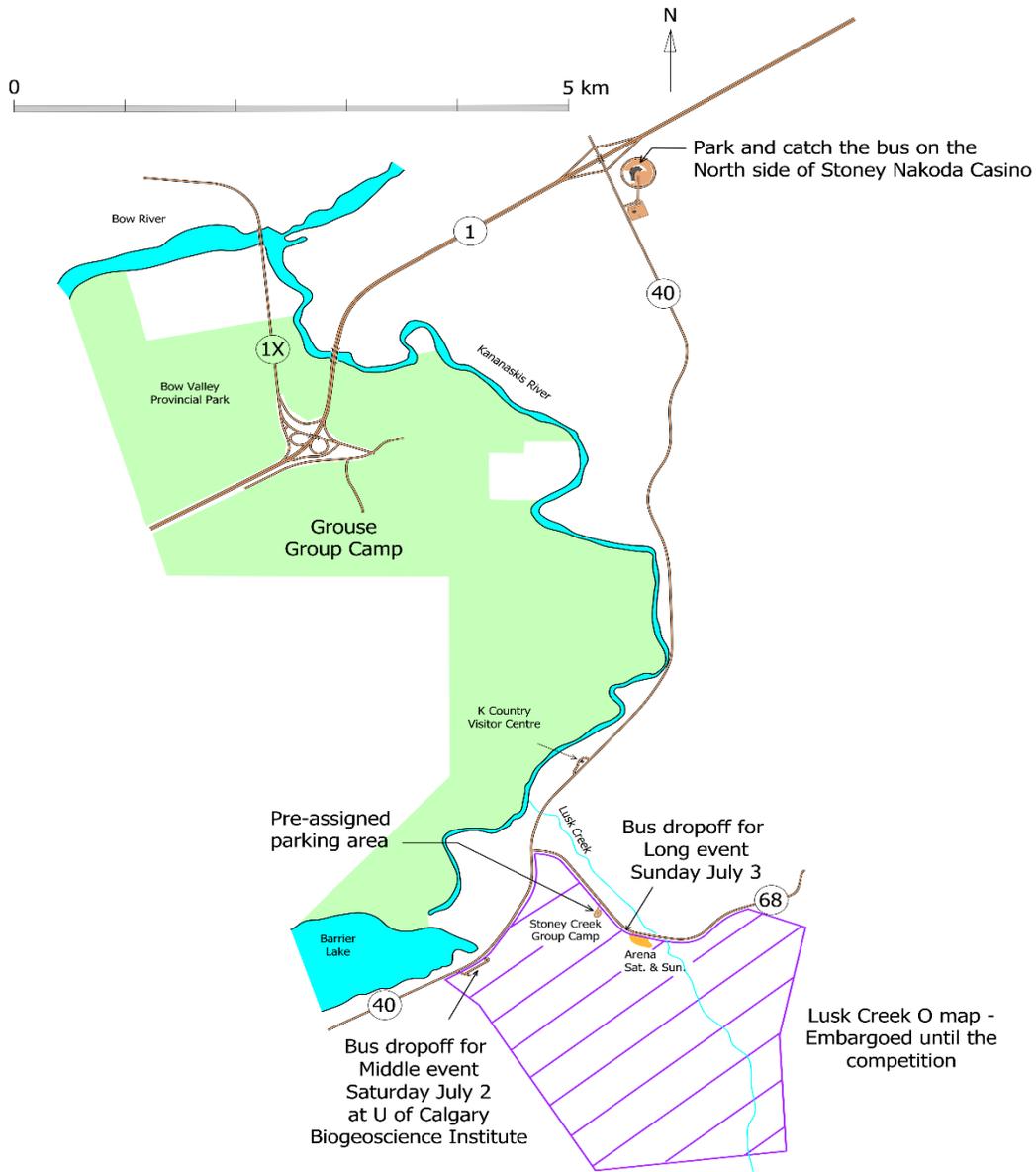
First Bus Leaves Parking Area: 9:30 am

Course Planner – Marsha Fehr (FWOC)

Course Controller – Robert Gilchrist (EOOC )

**IMPORTANT: Busing Information** – Parking for this event will be at the **North Side** of the Stoney Nakoda Resort and Casino (<https://www.facebook.com/StoneyNakodaResortCasino/>), which is at the corner of Hwy 1 and Hwy 40 which runs into Kananaskis Country. You do not need a Kananaskis Conservation Pass to park at the Stoney Nakoda Resort and Casino. All competitors will need to get on the proper bus in order to get to the start of your event on time. There will be only 1 bus running and it will be making 4 trips to the U of Calgary Biogeoscience Institute to drop off competitors. Information about what bus you will be on will be posted in the final Bulletin once we have worked out start time and it will be emailed out to you. **If you are not on the proper bus, you will miss your start time so get to the parking lot in plenty of time!** You will only be allowed on the proper bus based on your start time and the bus loaders will have the list. **The first bus will be leaving the parking area at 9:30 am sharp.** YOU WILL NOT BE GOING TO THE FINISH ARENA FIRST. You will be taken by bus directly to the University of Calgary Biogeoscience Institute and you will start your “walk to the start” from there. This bus ride will be about 10 min. in length. You need to be ready with your gear 30 min. before your assigned bus is to depart so that the bus loaders can check you in and get you on the bus and off to the drop off point as quickly and efficiently as possible. THE BUS WILL NOT WAIT FOR YOU! Time is very tight and we need you to help out by being on time and ready to go! There will be a 1.7 km (uphill) walk with 115m of total elevation gain from the competitor bus drop off zone to the start of all courses for everyone except those registered for Course 5 and anyone with kids that require shadowing. If you are in either of these two categories, you will have received a separate email asking you about shadowing and if 75+, asked if you want to schedule a Shuttle ride. We will contact you individually and provide you with the detailed information about where you will be parking and when/where you will be catching the shuttle.

**Lusk Creek Layout Map:**



**WE WILL NOT BE SHUTTLING YOUR GEAR FROM THE PARKING/BUS PICK UP AREA TO THE FINISH STADIUM-SO PACK ACCORDINGLY.** Bring your post-race gear in a pack that you will be comfortable carrying on your 1.7 km walk up the hill to the start. We will be transporting your gear from the start to the finish arena.

Warm-up Area-No warm-up map is available for this event. Warm-up on the 1.7 km uphill walk to the start or on the logging road right near the start of the courses.

Remote Finish- Courses 1-3 will finish in the Arena area. There will be a remote finish for courses 4 through 11. This remote finish area is about a 1 km walk to the main stadium.

Competitors on courses 4-11 will walk to the stadium to download and receive their time and placement. Please make sure you go directly to the download area even if you did not finish your course! The route to the stadium will be clearly flagged. YOU WILL BE REQUIRED TO DROP YOUR MAP INTO A BOX AT THE END OF YOUR RACE AND YOU WILL NOT GET IT BACK UNTIL AFTER THE LONG EVENT IS FINISHED.

Porta Potties/Toilets- Porta Potties will be positioned at the bus drop off area at the start of the walk uphill to the start. Porta Potties will also be present at the stadium/finish area. Please use the outhouses provided to the best of your ability! There are washroom facilities at the gas station at the entrance to the Stoney Nakoda Resort that you could use prior to boarding the bus. There will be a simple pit toilet in the woods near the start area for those that need to use it.

Clothing/Gear Drop-You can leave your clothing/gear at the start and we will be shuttling it down from the start and unloading it in a "gear drop" area in the Finish Arena. You can pick your gear up there once you have finished your race.

AOA BBQ-The Alberta Orienteering Association will be providing an informal BBQ for competitors on the day of the middle event. We encourage you to come and get something to eat once you have finished your race and take the time to chat to friends and other competitors that you have not seen for perhaps 2-3 years!

Bus from Stadium back to the Stoney Nakoda Resort- The first bus will be available to load to take you back from the Arena/Finish area to the Parking Lot at the Stoney Nakoda Resort at 1:00 pm. Again, there is one bus that will be doing multiple trips. The bus will depart once it is full. We will announce when the next bus has arrived and is ready for boarding. Please once you have finished your race, had your BBQ and are ready to leave, head to the bus loading area so we can get people back to the parking as smoothly as possible.

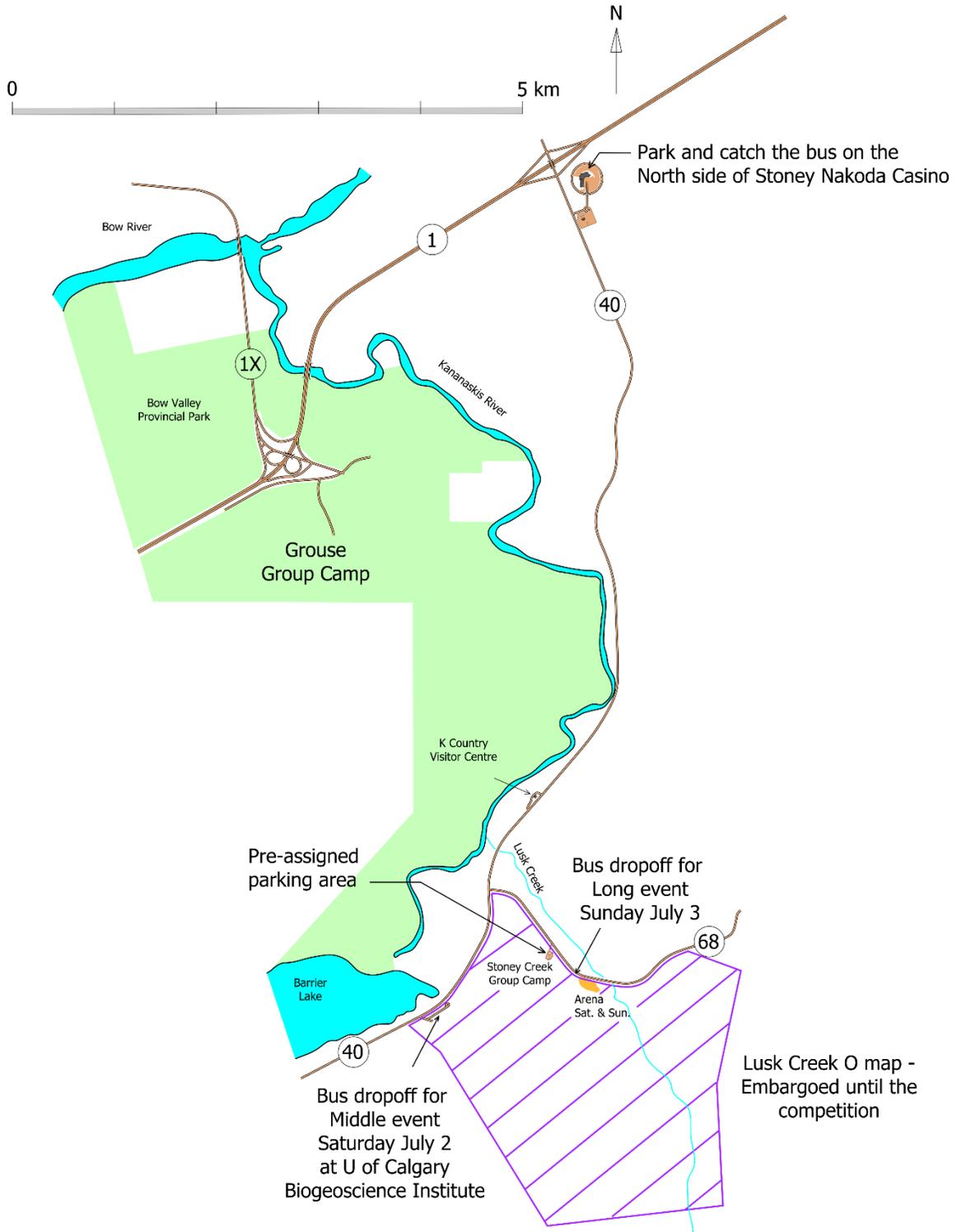
Awards- Awards for the middle and long will be held at the Finish Arena after the long event on Sunday.

**Event #3-Lusk Creek Long Distance, Kananaskis Country, Alberta-Sunday July 3, 2022.**

Start: 10:00 am                      First Bus Leaves Parking Area: 8:30 am

Course Planner – Teresa Winn (FWOC)    Course Controller – Charlotte McNaughton (FWOC)

# Lusk Creek Layout Map:



Parking and Busing – Parking for this event will be at the **North Side** of the Stoney Nakoda Resort and Casino (<https://www.facebook.com/StoneyNakodaResortCasino/>), which is at the corner of Hwy 1 and Hwy 40 which runs into Kananaskis Country. All competitors will be boarding buses at this location and will be bused to the Arena/Finish area. As in the middle event, you will be assigned a bus to board based on your start time. This will be posted in the next Bulletin and sent out to every competitor. There will be limited bus trips, so you will need to be on the correct bus and be there on time. Again, you will need to arrive at the parking area 30 min. prior to your assigned bus departure time so that you can be checked in and be ready to board the bus. Competitors can drop their post-race gear off at the Arena area after getting off the bus. There will be a 750m walk from the Arena/finish area to the start area. It is an easy “flattish” walk. All courses will have a remote start and all will finish in the Arena.

\*NOTE: Kananaskis has become extremely busy since the start of Covid and parking is very hard to find, thus we have had to hire buses to get competitors into start and Arena areas. This is a long weekend and it will be very busy. Anyone parking anywhere in Kananaskis has to have a Kananaskis Conservation Pass or there are heavy fines. DO NOT ATTEMPT TO DRIVE TO THE SITE! WE DO NOT HAVE AUTHORIZATION FOR ANY OTHER PARKING FOR COMPETITORS WITHIN KANANASKIS AND YOU WILL BE WASTING YOUR TIME.

Porta Potties/Toilets-Porta Potties will also be present at the stadium/finish area. Please use the outhouses provided to the best of your ability! There are washroom facilities at the gas station at the entrance to the Stoney Nakoda Resort that you could use prior to boarding the bus if needed.

Clothing drop-There will be a clothing drop at the start for jackets etc. and this gear will be brought back at regular intervals to the stadium. Please limit yourself to the essentials only that go to the start.

Warm-up Area-No warm-up map is available for this event. Warm-up in the Finish/Arena area prior to your walk to the start.

Bus from Stadium back to the Stoney Nakoda Resort- The first bus will be available to load to take you back from the Arena/Finish area to the Parking Lot at the Stoney Nakoda Resort at 1:00 pm. Again, there is one bus that will be doing multiple trips. The bus will depart once it is full. We will announce when the next bus has arrived and is ready for boarding. When you are ready to depart, please head to the bus loading zone (same as the Bus Dropoff zone from earlier) so that we can get buses loaded and get people back to the parking area.

Awards- Awards for the middle and long will be held at the Finish/Arena starting around 2:30-3:00 pm. We will try to make this as quick as possible!